



**8<sup>th</sup> INTERNATIONAL CONFERENCE OF IMACSSS  
2019 SCIENTIFIC CONGRESS  
ON MARTIAL ARTS AND COMBAT SPORTS  
October 10-12, 2019  
POLYTECHNIC INSTITUTE OF VISEU - PORTUGAL  
Main Auditorium**

## **Final Program**

### **Thursday October 10<sup>th</sup> – Morning**

10:00 – First Opening of Registration Desk

12:00 – IMACSSS General Assembly (for associates – You can make your application)

13:00 – Lunch break

### **Thursday October 10<sup>th</sup> – Afternoon (15:00-19:00)**

14:00 – Opening of Registration Desk

### **15:00-15:30 – Opening Session**

### **Topic 1 - Research on MA&CS**

**Chair: Thomas Green - USA**

#### **Research on Academy**

**15:30-15:50 - Mikel PÉREZ-GUTIÉRREZ, Carlos COBO-CORRALES**

Martial Arts and Combat Sports Theses and Dissertations indexed in BASE database: a bibliometric approach

#### **15:50-17:30 – Round Table (including open debate)**

**Qualitative and quantitative methods in the study of martial arts and combat sports**

**Coordinators: Thomas Green (USA) and Stefania Skowron-Markowska (Poland) –**

**Participants: W. Cynarski (Poland); C. Gutiérrez-García (Spain); E. Franchini (Brasil); A. Figueiredo (Portugal); Stefania Skowron-Markowska (Poland), and Jozef Simenko (UK).**

#### **17:30 – Coffee Break**

### **Research on Poster Session (3 to 5 minutes presentation + Final Discussion)**

**Chair: Abel Figueiredo - Portugal**

**18:00-18:30**

**António VENCESBRITO, Mário A. RODRIGUES-FERREIRA, Vítor MILHEIRO, Marco BRANCO, Cristiana MERCÊ, Ana Paula SEABRA & David CATELA**

Metabolic and energetics characterization and gender comparison in prepubertal karate practitioners

**Kentaro TAI, Shutaro JINNO, Namika MOTOSHIMA, Toshiyuki MIYARA**

A Study of a Karate Trial Teaching Class in a Teacher Training Course – Based on Students' Formative Evaluation

**John A. JOHNSON, Wojciech J. CYNARSKI, Sunjang LEE**

ITF Taekwon-Do pedagogy in North Korea: a case study

**Rodrigo Batalha SILVA, Alexandro ANDRADE, Guilherme Guimarães BEVILACQUA, Adriano SCHLÖSSER, Miguel Alencar FLORES JUNIOR, Bianca dos Santos SEVERINO, & Maria Eduarda Soares RODRIGUES**

Mood states and self-rated health of Brazilian jiu-jitsu fighters in competition

**Guilherme BEVILACQUA, Rodrigo SILVA, Verônica CLAUDINO, Bianca dos Santos SEVERINO, Maria RODRIGUES, & Alexandro ANDRADE**

Self-rated sleep quality and mood states of Brazilian fighters

**Ting XU, Guodong ZHANG**

Research Progress of Restraining Campus Bullying by Martial Arts Training

### **18:30-19:00 – Debate on Research and MA&CS**



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### **Friday October 11<sup>th</sup> – Morning (9:00-13:00)**

08:30 – Opening of Registration Desk

#### **Topic 2 – Pedagogy and Didactics in MA&CS**

**Chair: Carlos Gutierrez-Garcia - Spain**

##### **9:00 - Bruno AVELAR-ROSA, Víctor LÓPEZ-ROS**

What happens during a teaching-learning process of Martial Arts and Combat Sports with novice – A case-study focused on the joint activity organization analysis

##### **09:20 - Debate in Pedagogy and Didactics Analysis**

#### **Topic 3a – Physical, Technical and Tactical dimensions on MA&CS**

**Chair: Mohamed SHAPIE**

##### **09:40 – Luis Fernandes MONTEIRO**

Evolution of the Temporal Structure of World High Competition Judo Combat (2013 - 2017)

##### **10:00 – Jožef ŠIMENKO**

The benefits of Functional Movement Screen in judo

##### **10:30 – Coffee Break**

#### **Topic 3b – Physical, Technical and Tactical dimensions on MA&CS**

**Chair: António Brito – Portugal**

##### **11:00 - Mohamad Nizam Mohamed SHAPIE, Diyanna Athirah JAMSARI, Afrina MOHD RAZI, Jamiaton KUSRIN, & Wahidah TUMIJAN**

Comparison of action performances and outcomes between winners and losers in young female silat tempur matches

##### **11:20 - J An PAWISTA & Mohamad Nizam Mohamed SHAPIE**

Activity profile between winners and losers among female exponents in international silat olahraga competition

##### **11:40 - Dahlia AL-SYURGAWI, Mohamad Nizam Mohamed SHAPIE**

The effects of a 6-week plyometric training on muscular strength performance in silat exponents

##### **12:00 - Leonard MARYNOWSKI**

The gist and significance of wrist work in the old Polish fencing sabre based on selected techniques of cuts and thrusts

##### **12:20-13:00 - Debate in Physical and Technical dimensions on MA&CS**

##### **13:00 – Lunch Break**



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### **Friday October 11<sup>th</sup> – Afternoon (15:00-19:00)**

14:30 – Opening of Registration Desk

#### **Topic 4 - Psychological dimensions on MA&CS Chair: Luís Monteiro - Portugal**

**15:00 - António SILVA & António QUARESMA**

Motivation and MA&CS participation: Study protocol

**15:20 - Roberto Ruiz BARQUÍN, Adrián PLURA MALDONADO, & Carlos GUTIÉRREZ-GARCÍA**

Psychological characteristics of developing excellence in mixed martial arts athletes

**15:40 - Grzegorz KOZDRAŚ**

Empathy in children practicing judo compared to their non-practicing peers

**16:00 - Jakub POKOJSKI**

Old polish warrior's path - psychophysical and martial preparation of a young nobleman in modern Poland

**16:20 - Debate on Psychological dimensions of MA&CS**

**16:30 – Coffee Break**

#### **Topic 5 – Socio-cultural dimension on MA&CS Chair: Cristiano Barreira - Brasil**

**17:00 - Thomas A. GREEN**

“Deep Cover”: Identities and Ethics in Martial Arts Fieldwork

**17:20 - Vítor ROSA**

Sociological analysis of three dual combat practices in Portugal: the case study of aikido, judo and wrestling

**17:40 - Cristina RODRÍGUEZ-RODRÍGUEZ, María PERRINO-PEÑA**

Women's judo in Spain. Past and present

**18:00 - Marcelo Alberto de OLIVEIRA, Jefferson Campos LOPES, Ricardo João SONODANUNES, & Abel FIGUEIREDO**

The sportivization process of a martial art: the karate

**18:20-19:00 – Debate on Socio-cultural dimension on MA&CS**

**20:30-22:00 – Official Dinner**



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### **Saturday October 12<sup>th</sup> – Morning (9:00-13:00)**

#### **Topic 6 – Philosophical dimension on MA&CS**

**Chair: Vitor Rosa**

**09:00 - Thabata CASTELO BRANCO TELLES, Cristiano ROQUE ANTUNES BARREIRA**

The role of pre-reflexive processes in learning how to fight: contributions from phenomenology

**09:20 - Cristiano ROQUE ANTUNES BARREIRA**

From phenomenology for a theory of Corporal Combat and Martial Arts

**09:40 - Debate on phenomenology**

**10:00 – Coffee Break**

**10:30 - Rudolf JAKHEL**

Karate's ambiguity: traditional martial art or modern combat sport

**10:50 - Wojciech J. CYNARSKI**

Remarks on the philosophy of Idokan Karate

**11:10-12:30 – Round Table on philosophy of MA&CS with special Participation of  
Fuminory Nakiri – President of Japanese Academy of Budo.**

### **Conclusion**

**12:30 – General debate about Congress and conclusions**

**12:50 – Closing Session**