

Taça do Embaixador da Coreia & Open de Portugal

25 e 26 Junho 2022

Pavilhão Desportivo
Portugal Cultura e Recreio
Seixal



Embaixada da
República da Coreia



FEDERAÇÃO PORTUGUESA DE
TAEKWONDO

ANOS



seixal
câmara municipal

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DATASHEET

- | | |
|--------------------------|--|
| 1. District Attorney | Embassy of Republic of Korea |
| 2. Organizer | Portuguese Taekwondo Federation |
| 3. Organizing clubs | Portugal CR & CDR Águias Unidas |
| 4. Organizing Committee | Master Ana Rita Serra
Prof. Rafael Fonseca
Master Bruno Oliveira
Dr. Tiago Oliveira |
| 5. Place | Pavilhão Desportivo do Portugal C R
Rua Adolfo Simões Muller
2840-143 Seixal |
| 6. Institutional Support | Câmara Municipal do Seixal
União de Freguesias do Seixal, Arrentela e
Aldeia de Paio Pires
Junta Freguesia da Amora |
| 7. Support | Mooto
Polymark
Kombat Press
Century 21 Tipy Family
VALOR VIGENTE – Trabalho Temporário
SERVIÇO VIGENTE – Construção e Serviço |

SCHEDULES

(Subject to change)

	HOUR	COMBAT COMPETITION
Friday	20h00	Crediting and Weighing (for Saturday)
	22h00	Crediting and Weighing Terms
Saturday	08h00	referees meeting
	08h30	Delegates Meeting
	09h00	Start of Competition
		Junior and Senior Combat
		Poomsae Dan Sub 17 and Sub 30
		Poomsae FreeStyle and Poomsae KUP
	16h00	Protocol ceremony
	17h00	Crediting and Weighing (for Sunday)
	20h00	Expected end
Sunday	08h00	Referees meeting
	08h30	Delegates Meeting
	09h00	Start of Competition
		Combat Cadets and Seniors
		Other Poomsae Dan categories
	20h00	Expected end

PARTICIPANTS

Open to all national and international Taekwondo practitioners, with only the following limit for the Kyorugi discipline and the Poomsae Freestyle division:

- Minimum graduation of 3rd KUP (blue belt red list).

GRADES AND CATEGORIES

The competition will be held in the disciplines of POOMSAE, FREESTYLE AND COMBAT in the indicated levels.

POOMSAE DAN (Male & Female singles)

- Under 14 – from 12 to 14 years old (born between 2010 and 2008)
- Under 17 – from 14 to 17 years old (born between 2007 and 2005)
- Under 30 – from 18 to 30 years old (born between 2004 and 1992)
- Under 40 – from 31 to 40 years old (born between 1991 and 1982)
- Under 50 – from 41 to 50 years old (born between 1981 and 1972)
- Under 60 – from 51 to 60 years old (born between 1971 and 1962)
- Under 65 – from 61 to 65 years old (born between 1961 and 1957)
- Over 65 – over 66 (born in 1956 and before)
- Mixed pairs (cadets, juniors, sub30 and +30)
- Team M/F (cadets, juniors, sub30 and +30)

POOMSAE FREESTYLE (Single Male & Female)

- Under 17 – from 12 to 17 years old (born between 2010 and 2005)
- Mixed pairs - 12 to 17 years old (born between 2010 and 2005)
- Over 17 – 18 years of age or older (born between 2004 and before)
- Mixed pairs - 18 years of age or older (born between 2004 and before)

POOMSAE KUP (Single Male & Female)

- Under 7 – up to 7 years old (born in 2014 and after)
- Under 9 – aged 8 and 9 (born in 2014 and 2013)
- Under 11 – 10 and 11 years old (born in 2012 and 2011)
- Under 14 – from 12 to 14 years old (born between 2010 and 2008)
- Under 17 – from 14 to 17 years old (born between 2007 and 2005)
- Under 30 – from 18 to 30 years old (born between 2004 and 1992)
- Under 40 – from 31 to 40 years old (born between 1991 and 1982)
- Under 50 – from 41 to 50 years old (born between 1981 and 1972)
- Over 40 – aged 51 and over (born in 1971 and earlier)

FEMALE CADETS (born between 2008 and 2010)

<29kg | 29 to 32kg | 32 to 37kg | 37 to 41kg | 41 to 44kg | 44 to 47kg | 47 to 51kg

| 51 to 55kg | 55 to 59kg | over 59kg

MALE CADETS (born between 2008 and 2010)

<32kg | 32 to 37kg | 37 to 41kg | 41 to 45kg | 45 to 49kg | 49 to 53kg | 53 to 57kg

| 57 to 61kg | 61 to 65kg | more than 65kg

FEMALE JUNIORS (born between 2007 and 2005)

<42kg | 42 to 44kg | 44 to 46kg | 46 to 49kg | 49 to 52kg | 52 to 55kg | 55 to 59kg | 59 to 63kg | 63 to 68kg | over 68kg

MALE JUNIORS (born between 2007 and 2005)

<45kg | 45 to 48kg | 48 to 51kg | 51 to 55kg | 55 to 59kg | 59 to 63kg | 63 to 68kg

| 68 to 73kg | 73 to 78kg | More than 78kg

FEMALE SENIORS (born 2005 and before)

<46kg | 46 to 49kg | 49 to 53kg | 53 to 57kg | 57 to 62kg | 62 to 67kg

| 67 to 73kg | more than 73kg

MALE SENIORS (born 2005 and before)

<54kg | 54 to 58kg | 58 to 63kg | 63 to 68kg | 68 to 74kg | 74 to 80kg

| 80 to 87kg | More than 87kg

COMPETITION RULES

a) Poomsae

- i. The Poomsae Dan and Poomsae FreeStyle competition will be held with the electronic scoring system in accordance with WT rules.
- ii. In the Poomsae Kup competition, 2 Taegeuk will be performed of the athlete's choice, in 2 different areas.
- iii. DOBOK: Kup competition athletes may wear traditional taekwondo dobok (white collar). The rest must use Poomsae competition dobok in accordance with the poomsae world competition rules.

b) combats

- i. The fighting competition will be held with Daedo's electronic scoring system.
 - ii. Combats will have the following time structure:
 - a. Cadets – 3 rounds of 60 seconds with 60 seconds of rest.
 - b. Juniors and Seniors – 3 rounds of 90 seconds with 60 seconds of rest.
 - iii. Athletes must present themselves dressed, according to the rules of the sport, white collar Dobok and respective belt, black collar Dobok with black belt and Poom Dobok with Poom belt (only for cadets).
- c) For situations not covered by this regulation, the FPT and WT rules will be taken into account.

REGISTRATIONS

- The registration of athletes enrolled in the FPT is carried out through the GMS platform;
- The registrations of athletes not registered in the FPT, or other adverse situations, are carried out in an attached Excel sheet;
- The application deadline is June 15, 2022;
- After that date, any application may not be accepted.

REGISTRATION VALUE

- i) Each participation in Poomsae Dan, Poomsae FreeStyle and Combat has a cost of 20 euros
- ii) Each participation in Poomsae Kup has a cost of 10 euros
- iii) After the registration deadline, accepted registrations will have a cost of 50 euros added to each participation.

The registration payment must be made by the end of the registration deadline (June 15, 2022), by the clubs where the athletes are registered. If done after this

period, it will be considered as REGISTRATION OUT OF TIME, and payment will be made according to this denomination.

Payment must be made by bank transfer to the FPT NIB, with proof sent to the indicated emails:

tesoureiro@fptaekwondo.pt and ddeportivo@fptaekwondo.pt.

IBAN: PT000700450000884000897

Bank: NOVO BANCO

AWARDS

- a) The winners of each event and the remaining places on the podium will be awarded medals alluding to the event, (1st, 2nd and two 3rd places)
- b) In collective terms, trophies will be awarded to the first 3 teams:
 - M/F Cadets
 - Juniors M/F
 - Seniors M/F
 - Poomsae Kup M/F
 - Poomsae Dan M/F
 - Poomsae FreeStyle M/F
 - Outright Winner's Cup (Korea Ambassador's Cup)

The rule of 7, 3 and 1 point will be used respectively for the 1st, 2nd and 3rd places, only scoring for the team categories with 2 or more athletes.

In the event of a tie, the WT rules on the subject in question and in force will apply.

INFORMATION

If you have any questions, do not hesitate to contact the Sports Department via email ddesportivo@fptaekwondo.pt and vp_desportivo@fptaekwondo.pt for sports matters and email tesoureiro@fptaekwondo.pt for accounting matters.

The organization will not tolerate any acts of manifestation of violence associated with Sports and Taekwondo, Doping, Corruption, Racism, Xenophobia and all other forms of discrimination.

The Portuguese Taekwondo Federation will create the Events Arbitration Committee that will have its function during the National Competitive Framework and Open's events recognized by the Portuguese Taekwondo Federation.

It will work closely with the organization of the event and will carry out its mission in accordance with the principles of equality, transparency and sporting justice in Taekwondo.

It will be guided by exercising its function in strict compliance with the Law, Statutes and other federative Regulations. And yet, in matters associated with acts of indiscipline, violence associated with Sports and Taekwondo, Doping, Corruption, Racism, Xenophobia and all other forms of discrimination, acting in accordance with the sanctioning clauses of the regulation. of WT, Article 23 - Sanctions:

<http://www.worldtaekwondo.org/wp-content/uploads/2019/08/WT-Competition-Rules-Interpretation-Manchester-May-15-2019.pdf>

COVID-19

Although the use of the mask is only recommended, the organization does not hesitate to strongly advise its use during the stay in the pavilion.

SPECIAL REFERENCE

In promoting Korean culture, the Korean government, through its embassies, will have a special award for those who are considered the best junior athletes of each gender.

To qualify for this award, the athlete must compete in the Junior and Poomsae Dan Sub 17 or Kup Sub 17 category. And they must film their performances.

The best athletes may be nominated to participate in the Ambassador Cup World Tournament that takes place in South Korea.

The choice of the best athlete will be made by the results achieved and by choice of a group of indicated coaches.

SOLIDARITY EVENT

The organization, after contacting the Association “Dá-me a tua mão”, based in Seixal, will take advantage of this event to carry out a collection of non-perishable food items. Therefore, we ask each participant to deliver one of these goods during the accreditation of the event. We thank you in advance for your participation and everyone.